The aim of our study was to obtain up-to-date information of the oral health problems among university students. We have in Finland quite many studies about the oral health of children and adults over 30 years old, but available oral health information about young adults in Finland is inadequate. Lack of information hampers health policy planning.

All university students have an opportunity to dental examination and dental care. The first oral examination is free of charge.

Materials and Methods
The study sample comprised 3393 university students who participated in oral examination in our clinic from January to the end of October in 2010. The mean age was 25.9 years and there were 52.9% female students.

The oral examination was made by dentists who work in our clinic. The examination included dental and gingival status, the checking of mucous membrane and organ of occlusion. The radiographic examination (bite wing radiographic examination or panorama tomography or both of these) was taken after dentists’ consideration. DMFT (Decayed, Missing and Filled permanent Teeth), DT (Decayed permanent Teeth) and CPI (Community Periodontal Index) indexes were recorded according to the WHO criteria.

Results
In the whole group the mean DMFT was 7.1; 8.9% had DMFT zero, female students 9.0% and male 8.8%. The mean DT was in the whole group 1.50, female 1.26 and male 1.80.

The prevalence of caries free dentition was by female 50.9% and by male 43.1%. Altogether there were 5151 teeth which needed treatment. About 5% of cavities were so deep that they needed root treatment.

Caries clearly shows polarization: there are those who do not have the need for treatments and, secondly, those who have a lot of need to repair (DT over 5).

Calculus was found from 85.4% of students and 2.5% had deepened pockets.

Students who have 1 – 6 studying years 25% needed for wisdom teeth removal and 3% had TMD problems.

Conclusion: Although oral health is fairly good among university students we must pay attention to caries prophylaxis especially by male students. A delicate examination with x-rays gives best basis for dental treatment and preventive self-care.