DEVELOPING CRISIS INTERVENTION PROCESS MODEL IN TAMPERE UNIT OF FINNISH STUDENT HEALTH SERVICE

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INTRODUCTION: Crisis work among university students has been promoted at FSHS by training staff and by introducing an obligation for each unit to create crisis intervention models that would best meet the local needs and resources. In this poster we present the Tampere model.

METHODS: All the ideas were discussed at the meetings of both the crisis group and the whole staff to gather all the knowledge and to enhance commitment. Once the process chart was completed, the personnel were trained.

RESULTS: Crisis work is divided into 1) interventions offered to all those who were affected by the traumatic event and 2) to those being at high risk for long-term impairment. The model includes acute and early interventions, follow-up until 1-3 months, and later therapeutic interventions, and it is based on individual intervention. Group interventions are conducted in co-operation with a local association Settlementti Naapuri. The process model was made in Power Point format and put onto the Intranet which every staff member has access to. The model includes links to guidelines, checklists and contact persons names for each work phase.

CONCLUSIONS: Developing the model has been a rewarding process as such giving us knowledge of crisis interventions, but also helping us see how much we already know. The model has not – luckily – been tested in reality with any large scale catastrophic event yet.